

Friday 26 March - Session 2										Weighin 12h00-13h30 Lifting at 14h00		
Flight	First Name	Surname	Gender	SJ	Jun	Open	M1	M2	M3	M4	Class	Province
F1	Elisabeth	Barry	Female				X				52kg	Eastern Cape
F1	Carol	Anthony	Female			X		X			57kg	Gauteng
F1	Vicki	Botha	Female			X	X				57kg	North West
F1	Megan	Leighton	Female			X					63kg	Gauteng
F1	Melissa	Zwart	Female			X					63kg	North West
F1	Mijuanee	De Wet	Female	X	X	X					63kg	Gauteng
F1	Charnleigh	Kotzé	Female	X							69kg	Eastern Cape
F1	Anelda	Visagie	Female			X					69kg	North West
F1	Vanessa	Lessing	Female			X	X				69kg	Eastern Cape
F1	Michelle	Van der Merwe	Female			X					76kg	North West
F1	Jacqui	Rees	Female			X	X				-84kg	Gauteng
F1	Nanine	van der Merwe	Female			X					+84kg	North West
F1	Kay-Lee	Steyn	Female			X					+84kg	North West
F1	Christi	Rees	Female			X					+84kg	Gauteng
F1	Natala	Flanagan	Female		X						+84kg	North West

SA Equipped Powerlifting Championships 2021



Saturday 27 March - Session 1										Weighin 08h00-09h30 Lifting at 10h00		
Flight	First Name	Surname	Gender	SJ	Jun	Open	M1	M2	M3	M4	Class	Province
F1	Christo	Schoonraad	Male			X		X			105kg	Gauteng
F1	Thinus	van Aswegen	Male			X					105kg	North West
F1	Jaques	J v Vuuren	Male			X					105kg	North West
F1	Miga	Ketshabile	Male			X					105kg	North West
F1	Thabo	Modisadife	Male			X					105kg	North West
F1	Azariel	Ndoni	Male			X					105kg	North West
F1	Graham	Green	Male			X	X				105kg	Gauteng
F1	Johan	Lazenbie	Male			X					105kg	North West
F1	Deon	Smit	Male			X					105kg	North West
F1	Thapelu	Shebu	Male			X					105kg	North West
F2	Johnny	Dam	Male			X		X			93kg	Gauteng
F2	Jorncy	Page	Male				X				93kg	Gauteng
F2	Marcelle	Strydom	Male	X							93kg	North West
F2	Arnold	Suping	Male			X					93kg	North West
F2	Josh	Sass	Male	X							105kg	Gauteng
F2	Daniel	De Lange	Male		X						105kg	North West
F2	Johan	Smith	Male			X					-120kg	North West
F2	John	Crain	Male					X			-120kg	Gauteng
F2	Roelof	Smith	Male			X					+120kg	North West
F2	Ian	Furman	Male					X			+120kg	Gauteng
F2	John	Matambo	Male			X					+120kg	North West